

2008-2009 Resource Guide

Redwood County

Public Health Services

266 E. Bridge Street

Redwood Falls, MN 56283

(507) 637-4041

Fax (507) 637-4046

Email: public_health@co.redwood.mn.us

Website: www.co.redwood.mn.us

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HEALTH / MEDICAL

COMMUNITY HEALTH

Well Child Health Screenings, Maternal Child Health program, WIC program, Immunizations, Nutrition services, Water testing, Children with Special Needs Birth-6, and Referral services.

- **Redwood County Public Health Service**
266 East Bridge Street
Redwood Falls MN 56283
Phone 507-637-4041
Fax 507-637-4046
E-mail: public_health@co.redwood.mn.us
- **Renville County Public Health Service**
410 East DePue Ave, Suite 245
Olivia, MN 56277
Phone 320-523-2570
Fax 320-523-3749
E-mail: public_health@co.renville.mn.us

MEDICAL FACILITIES- REDWOOD COUNTY

- **Affiliated Medical Center - Redwood Falls**
1100 East Broadway
Redwood Falls MN 56283
Occupational Med., Outreach, Medical Records, Allergy, PT
Dr. Breen, Dr. Gross, Dr. Medrud, Dr. Olson,
Harder-Coumadin Director
Dr. Cilek, Dr. Friese, Dr. McCallum, Dr. Gronau,
Dr. Nelson, N.P. Klabunde
Dr. Hagen Eye Clinic, Lab, X-ray, Business Office
Phone 507-637-2985
Fax 507-697-6666 (Business)
Fax 507-697-6666
Fax 507-697-6656
Fax 507-697-6679
Fax 507-697-6678
- **Morgan Medical Clinic**(Affiliated with **Sleepy Eye Medical Clinic**)
96 East 3rd St, PO Box 135
Morgan MN 56266
Dr. K. Murthy, Dr. M. Ecker, Dr. J. Joyce
Phone 507-249-3115
Fax 507-249-3318
Mon pm, Tues am, Wed all day,
Thurs-closed, Fri am
- **Lamberton Medical Clinic**(Affiliated with **Springfield Medical Clinic**)
310 South Main, PO Box 398
Lamberton MN 56152
Dr. Schmitz, Dr. Holman, Dr. Schmit-Cline, Dr. Dhami
Phone 507-752-7375
Fax 507-752-7800
Mon 8am-Noon, Tues 1-5pm,
Wed 8am-Noon, Thurs 8am-Noon
- **Sanford Walnut Grove Clinic**
830th 8th St
Walnut Grove MN 56180
Phone 507-859-2157
Mon 1pm-4pm Janet Marty, NP
Thurs 9am-Noon Dr. Fareed
- **Indian Health - Lower Sioux Community Center**
39527 Res Hwy 1
Morton, MN 56270
Phone 507-697-6185
Fax 507-697-6182

MEDICAL FACILITIES- LOCAL COUNTIES

- **Affiliated Community Medical Center- Granite Falls**
295 10th Ave
Granite Falls, MN 56241
Phone 320-564-2511
Fax 320-313-4024

- **Affiliated Community Medical Center - Marshall**
Market Street Mall
1420 East College Drive
Marshall MN 56258
Bruce Street Clinic
300 South Bruce Street
Marshall MN 56258

Phone 507-532-9631 or 1-866-532-9631
Fax 507-532-1137
Family Practice, Urgent Care, Pediatrics

Phone 507-532-9631 or 1-866-532-9631
Fax 507-532-1976
OB/Gyn., Internal Medicine, Surgery, Orthopedics
- **Affiliated Community Medical Center - Willmar**
101 Willmar Avenue SW
Willmar MN 56201

Phone 320-231-5000 or 1-888-225-6580
Fax 320-231-5067
- **Family Practice Medical Center**
502 2nd Street SW
Willmar MN 56201

Phone 320-231-8888
Fax 320-231-8602
- **Migrant Health -Open June-Aug**
80829 Co Rd 13
Olivia MN 56277

Phone 320-523-1870 or 1-800-842-8693
- **New Ulm Medical Center**
1324 5th Street North, PO Box 577
New Ulm MN 56073

Phone 507-233-1000 or 1-800-795-1211
Fax 507-233-1327
- **RC Hospital & Clinics**
600 East Park
Olivia MN 56277
Dr. Buhr, Dr. Thompson, Dr. Ahlquist, Dr. Adili,
Janelle Sunvold-Palmer CNP, Ruby Rhines CNP, Rose Nepsund PA

Phone 320-523-1460
Fax 320-523-1703
- **Sleepy Eye Medical Clinic, PA**
400 4th Ave NW, PO Box 323
Sleepy Eye MN 56085
Dr. M. Ecker, Dr. K. Murthy, Dr. Joyce, Dr. Dhaliwal, N.P. Sue Ahlness

Phone 507-794-3691 or 1-877-794-3691
Fax 507-794-5950
- **Springfield Medical Clinic**
625 North Jackson, PO Box 146
Springfield MN 56087
Dr. Holman, Dr. Schmit-Cline, Dr. Dhami, Dr. Schmitz

Phone 507-723-6201 or 1-800-535-7101
Fax 507-723-6447
- **Sanford Tracy Medical Clinic**
249 5TH Street East
Tracy MN 56175
Dr. Singh (every other Mon), Dr. W. P. Apostol (three days a week), Dr. Mishra (Tues pm), Dr. Fareed
Dr. Paul, Kelly Hoffman, FNP (Wed, Fri), Janet Marti, FNP, Dawn Vanruier, FNP (two days a week)

Phone 507-629-3520
Fax 507-212-4199
- **Sanford Westbrook Medical Center**
920 Bell Ave, PO Box 158
Westbrook MN 56183
Dr. J. Cassel, Kelly Hoffman, FNP, Vivien Jutsen, FNP

Phone 507-274-6121
Fax 507-274-5630
(Mon-Fri)

- **Avera Worthington Specialty Clinics** Phone 507-372-2921 or 1-800-881-1473
508 10TH Street Fax 507-372-5789
Worthington MN 56187
Psychology, Internal Medicine, OB-Gyn, Family Practice, CNM, Pediatrics, Surgery

HOSPITALS-REDWOOD COUNTY

- **Redwood Area Hospital** Phone 507-637-4500
100 Fallwood Road Fax 507-697-6000
Redwood Falls MN 56283 ER Phone 507-637-4999

HOSPITALS-LOCAL COUNTIES

- **Avera Marshall Regional Medical Center** Phone 507-532-9661
300 South Bruce Street Call For Fax
Marshall MN 56258
- **New Ulm Medical Center** Phone 507-233-1000
1324 Fifth Street North, PO Box 577 Fax 507-233-1232
New Ulm MN 56073
- **RC Hospital & Clinics** Phone 320-523-1261
611 East Fairview Fax 320-523-3490
Olivia MN 56277
- **Springfield Medical Center-Mayo Health System** Phone 507-723-6201
625 North Jackson, PO Box 110 Fax 507-723-6447
Springfield MN 56087
- **Tracy Hospital** Phone 507-629-3200
251 5th Street East
Tracy MN 56175
- **Sleepy Eye Medical Center** Phone 507-794-3571
400 4th Ave NW
Sleepy Eye MN 56085

DENTISTS-REDWOOD COUNTY

- **Dr. Timothy S. Brown** Phone 507-637-3581
105 East Bridge Street (No new M.A. or Blue Plus patients)
Redwood Falls MN 56283 Fax 507-637-3580
- **Dr. Stephen Danielson** Phone 507-752-7327
209 South Main, Box 427 (No new patients of any kind)
Lamberton MN 56152 Fax 507-752-7328
- **Dr. Michael Flinn** Phone 507-637-5930
200 Firewood Drive (No new M.A. or Blue Plus patients)
Redwood Falls MN 56283 Fax 507-637-3226
- **Dr. Gregory B. Hammers** Phone 507-637-8396
513 East Bridge Street (No new M.A. or Blue Plus patients)
Redwood Falls MN 56283

- **Dr. Bruce Mathiason**
400 7th Street, PO Box 245
Walnut Grove MN 56180
- **UCare Dental Van-** call for appt and locations

Phone 507-859-2179
(No new M.A. or any other new patients)
Tues - Fri 9am-1pm and 2pm-5pm
Fax 507-859-2178
Phone 1-866-451-1555
www.ucare.org

DENTISTS-LOCAL COUNTIES

- **Curtis & Larson Dental Office**
820 Hwy 4 South
Sleepy Eye MN 56085
Practicing Dentists Dr. Gregory Curtis
- **Dental Health Center-Dr. Johnson**
304 West Lyon, PO Box 448
Marshall MN 56258
- **Springfield Dental Clinic-Mayo Health System**
602 North Jackson Ave, PO Box 110
Springfield MN 56087
Practicing Dentist Dr. Adam R. Beers
- **Dr. John Bengtson**
300 South Park Street, PO Box 484
Fairfax MN 55332
- **Dr. D J Dill**
108 West Central
Springfield MN 56087
- **Dr. J. Falk**
525 West 3RD Street
Willmar MN 56201
- **Dr. James R. Hughes/Dr. Dale Bays**
1029 19TH Avenue SW
Willmar MN 56201
- **Dr. Robert H. Rubey**
217 West Main Street
Sleepy Eye MN 56085
- **Pediatric & Adolescent Dentistry, LTD**
212 Star Street
Mankato MN 56001
26 North Broadway
New Ulm MN 56073
Dr. James Walton, Dr. Hartmann & Dr. Saul Ovalle (Spanish Speaking)

Phone 507-794-2180
(No new M.A. or Blue Plus, No UCare)

Phone 507-532-2233
(No M.A., Blue Plus, waiting list for new patients)
Fax 507-532-2234
Phone 507-723-7775
(No M.A., Blue Plus or UCare as of now)
Mon-Thurs. 8am-4:30pm Fri 8am-11:30am
Fax 507-723-7779
Phone 507-426-7794
(No new patients of any kind)
Fax 507-426-7794
Phone 507-723-5413
(Yes M.A. & Blue Plus, No UCare or PrimeWest)

Phone 320-235-3440
(No new M.A. or Blue Plus, No UCare)

Phone 320-235-1803
-Oral and Facial Surgery

Phone 507-794-4361
(No new patients of any kind)
Fax 507-794-5195
(Yes M.A., UCare, Blue Plus)
Phone 507-387-4078
Fax 507-387-4055
Phone 507-354-8943
Fax 507-359-1468

- **Dr. Wong** -Oral Surgeon
1101 South First Street, PO Box 550
Willmar MN 56201
Phone 320-235-7290
(Yes Blue Plus, No M.A., or UCare)
Fax 320-235-7291
- **Olivia Family Dental Practice - Dr. Moore**
907 W Lincoln Ave
Olivia MN 56277
Phone 320-523-1441
(No new patients)
- **Dr. Lindquist**
107 Depont NW
Renville MN 56284
Phone 320-329-8321
(No new M.A., Blue Plus, UCare)
- **Dental Health Center of Tracy**
150 3rd St
Tracy MN 56175
Phone 507-629-4332
- **Family & Cosmetic Gentle Dentistry**
Hutchinson Mall
1060 Hwy 15 South Suite #84
Hutchinson MN 55350
Phone 320-234-6677
(Yes M.A., Blue Plus, UCare)
- **Rice Regional Dental Clinic-Willmar**
Rice Memorial Hospital- West Wing, 3rd Floor
301 Becker Ave SW
Willmar MN 56201-3395
Phone 320-214-2620
(Yes M.A., Blue Plus, UCare, Sliding Fee)

OPTOMETRISTS

- **ACMC Eye Department** -Dr. S. Hagen, Dr. J Wentzell
1100 East Broadway
Redwood Falls MN 56283
Phone 507-697-6675
Fax 507-697-6678
- **PBR Optometrists**-Dr. R. Pabst, Dr. Peterson
500 East Bridge Street, Box 479
Redwood Falls MN 56283
Phone 507-637-5715
Fax 507-637-5715
- **PBR Optometrists**-Dr. S. Peterson
505 State Street
Tracy MN 56175
Phone 507-629-3230
Fax 507-629-3230
Mon-Thurs (9am-5pm) & Fri (8am-3pm)
- **PBR Optometrists**- Dr. Steven Peterson
602 North Jackson
Springfield MN 56087
Phone 507-723-5115
Fax 507-723-6480
- **Lifetime Eye Care Center** -Dr. James Hutchins
105 West Main
Sleepy Eye MN 56085
Phone 507-794-2126
or 1-888-274-0193
Fax 507-794-5070

AUDIOLOGISTS

- **Affiliated Medical Center-Redwood Falls**
1100 East Broadway
Redwood Falls MN 56283
Phone 507-637-2985
(Call First)
-Todd Stoeberl
- **Affiliated Community Medical Center-Willmar**
101 Willmar Avenue SW
Willmar MN 56201
Phone 320-231-5000 or 1-888-225-6580
Fax 320-214-5067
-Todd Stoeberl, Eric Christiansen
- **Audiology Center**
1801 19th Ave SW
Willmar MN 56201
Phone 320-214-7256
Fax 320-214-7866
-Ruth Schaefer, Cynthia Bjur
- **Hearing & Speech Center**
300 South Bruce St
Marshall MN 56258
Phone 507-532-2687
Fax 507-537-9190
-Linda Grong
- **New Ulm Medical Center**
1324 North 5th Street, PO Box 577
New Ulm MN 56073
Phone 507-233-1000 or 1-800-795-1211
Fax 507-233-1327
- Frank Pacovski - Thurs Only
- **SW West Central Service Cooperatives**
Market Street Mall
1420 East College Drive
Marshall MN 56258
Phone 507-537-2240
Fax 507-537-7327
-Ed Van Der Heiden, Sharyce Baartmen
- **Mankato Clinic at Wickersham Health Campus**
1421 Premier Drive
Mankato MN 56001
Phone 1-800-657-6944
Fax 507-625-8210
-Tracy Altmann, Shirley Anderson

EAR, NOSE AND THROAT SPECIALISTS

- **Affiliated Medical Center - Redwood Falls**
1100 East Broadway
Redwood Falls MN 56283
Phone 507-637-2985
twice a month - Jennifer Pesola
- **Affiliated Community Medical Center - Marshall**
300 South Bruce Street
Marshall MN 56258
Phone 507-532-9631
Fax 507-532-1996
-Dr. Rogotzke - Every 2nd & 4th Tues
-Dr. Mellema - Every other Fri
- **Affiliated Medical Center - Willmar**
101 Willmar Avenue SW
Willmar MN 56201
Phone 320-231-5000 or 1-888-225-6580
Fax 320-231-5067
-Dr. Pesola, Dr. Mellema
- **Mankato Clinic at Wickersham Health Campus**
1421 Premier Drive
Mankato MN 56001
Phone 1-800-657-6944
Fax 507-625-8210
-Dr. Michalski, Dr. Christiansen, Dr. Liu

- **Janning ENT Center**
1801 19th Ave SW
Willmar MN 56201
-Redwood Area Hospital
100 Fallwood Road
Redwood Falls MN 56283
-RC Hospital & Clinics
611 East Fairview Ave
Olivia MN 56277
- **New Ulm Medical Center**
1324 North 5th Street, PO Box 577
New Ulm MN 56073

Phone 320-231-3277
- Dr. Marty Janning

Phone 507-637-4500
Every other Fri 1pm-5pm

Phone 320-523-1261
Every other Fri

Phone 507-233-1000 or 1-800-795-1211
Fax 507-233-1327
- Dr. Nissen

PEDIATRICIANS

- **Affiliated Medical Center- Marshall**
1420 East College Drive
Marshall MN 56258
- **Affiliated Community Medical Center-Willmar**
101 Willmar Avenue SW
Willmar MN 56201
- **Mankato Clinic**
1230 East Main Street, PO Box 8674
Mankato MN 56002
- **New Ulm Medical Center**
1324 North 5th Street, PO Box 577
New Ulm MN 56073
- **Avera Worthington Specialty Clinics**
508 10th Street
Worthington MN 56187

Phone 507-532-1109 or 1-866-532-9631
Fax 507-532-1196
-Dr. A. Mishra

Phone 320-231-5000 or 1-888-225-6580
Fax 320-231-5067
- Dr. Swanson, Dr. Hodapp, Dr. M. Schroeder,
Dr. Bateman, Dr. J. Vogel

Phone 507-389-8529 or 1-800-657-6944
Fax 507-388-3401

Phone 507-233-1000 or 1-800-795-1211
Fax 507-233-1327
- Dr. Bunce, Dr. Ricker

Phone 507-372-2921 or 1-800-881-1473
Fax 507-372-5789
-Dr. Barden, Dr. Ludes, Dr. Gerdes

PODIATRISTS

- **Affiliated Community Medical Center**
300 South Bruce St
Marshall MN 56258
- **Dr. Hoffman & Associate PA**
1205 Ryans Road, PO Box 848
Worthington MN 56187
- **Dr. DeBrule**
301 North 3rd
Marshall MN 56258

Phone 507-532-9631 or 1-866-532-9631
Fax 507-532-1996
- Dr. Johnston

Phone 507-372-2986
Fax 507-372-5457
- Dr. Scott Hoffman

Phone 507-532-4676

- **Mankato Clinic at Wickersham Health Campus**
1421 Premier Drive
Mankato MN 56001

Phone 1-800-657-6944
- Dr. James Nack, Dr. Lynn Gustafson

LIFELINES

- **Redwood Area Hospital Auxiliary**
100 Fallwood Road
Redwood Falls MN 56283
- **Renville-Sibley Cooperative Power Assoc. - Linae**
103 Oak St, PO Box 68
Danube MN 56230
- **Medical Alarm - Connect America**
Corporate Headquarters
2193 W Chester Pike
Broomall PA 19008

Phone 507-637-4579
Covers Redwood County

Phone 1-800-826-2593
Covers Redwood Falls & Wabasso only

Phone 1-800-906-0872
Fax 610-353-1350
www.ConnectAmerica.com or
www.MecialAlarm.com

NURSING HOMES/ASSISTED LIVING

- **Gil-Mor Manor**
96 3rd Street East
Morgan MN 56266
- **Good Samaritan Society Sunwood**
200 South Dekalb St
Redwood Falls MN 56283
- **Parkview Home**
102 CSAH #9
Belview MN 56214
- **Valley View Manor**
200 East 9th St
Lamberton MN 56152
- **Golden Living Center**
660 Maple St
Wabasso MN 56293
- **Wood Dale Nursing Home**
600 Sunrise Blvd
Redwood Falls MN 56283
- **Country View Senior Living Community**
810 8th St
Walnut Grove MN 56180
- **Garnette Gardens**
511 South Dekalb St
Redwood Falls MN 56283

Phone 507-249-3143
Fax 507-249-2287

Phone 507-637-5711
Fax 507-637-2132

Phone 507-938-4151
Fax 507-938-4110

Phone 507-752-7346
Fax 507-752-7348

Phone 507-342-5166
Fax 507-342-5136

Phone 507-637-3587
Fax 507-637-2546

Phone 507-859-2133
Fax 507-859-2143

Phone 507-644-8500
Fax 507-644-2375

- **Good Samaritan Society of Redwood Falls Johnson Park Place** - Jeanne Wepplo
1011 East Elm St
Redwood Falls MN 56283
Phone 507-627-8121
Fax 507-627-8382
- **Lakeside Manor**
300 South Minnesota St
Redwood Falls MN 56283
Phone 507-637-2221
- **Parkwood Apartments** - Paula Pohlen
505 South 2nd St
Belview MN 56214
Phone 507-938-3020
Fax 507-938-4110

MEDICAL SUPPLIES

- **Rice Home Medical**
1303 East Bridge St
Redwood Falls MN 56283
Phone 507-644-5500 or 1-877-637-3561
Fax 507-644-2828
- **Sward Kemp Snyder Drug**
207 South Washington
Redwood Falls MN 56283
Phone 507-637-2911
Fax 507-637-5869
- **Mankato Area Children in Need**—Resources are available for financial assistance. Families with special needs children in Southern Minnesota in need of adaptive equipment not covered by insurance.
309 Holly Lane, PO Box 4025 - Nancy Dobson
Mankato MN 56002
Phone 507-388-5437

FOOD/NUTRITION

- **WIC (Women, Infants, Children)** - Nutrition education and food vouchers for pregnant women and children birth-5 yrs. Call for income eligibility guidelines.
Redwood County Public Health Redwood Falls, MN 507-637-4041
Renville County Public Health Olivia, MN 320-523-3762 or 320-523-2570
Lyon County Public Health Marshall, MN 507-537-7055 or 507-537-6713
- **Fare For All** - No longer a program in Redwood County, if interested in starting one up call.
For more info: call 1-800-582-4291 or 763-450-3880
- **Food Shelf** - Emergency food assistance program
Cities Available
-**Redwood Falls** -Tues & Thurs 10am-Noon
PO Box 352
Redwood Falls MN 56283
-**Wabasso** - Thurs 9:30am-11:30am
(If an emergency, call Armin Dallmann 507-342-5367)
-**Tracy** - Every Mon 9:30am-Noon
Phone 507-629-4792 Harold Deal or
507-629-4576 United Methodist Church
Pick-up Sites
(Basement of old Armory)
231 East 2nd Street
Redwood Falls MN 56283
Phone 507-627-3653
St Matthews Church
212 County Highway 6
Wabasso MN 56293
Downtown in old ambulance bldg.
231 2nd Street
Tracy MN 56175

-**Sleepy Eye** - Mon 4pm-6pm
Phone 507-794-7130

(Basement of police station)
2nd Avenue NW
Sleepy Eye MN 56085

-**Morgan** - Mon, Wed & Thurs 9am-5pm
Phone 507-249-3822 Mary Ann Larsen
(call before visit)

206 Fergus Ave
Morgan MN 56266

-**Marshall** - Mon, Wed & Fri Noon-5pm
Phone 507-532-3902

105 East Main
Marshall MN 56258

SENIOR DINING CENTERS / HOME DELIVERED MEALS

* Senior Dining ** Home Delivered Meals *** Both

* Vesta Café

Phone 507-762-3600

139 Broadway

Vesta, MN 56292

** Parkview Home-in town only

Phone 507-938-4151

Belview, MN 56214

Fax 507-938-4110

** Gil-Mor Manor

Phone 507-249-3143

Morgan, MN 56266

Fax 507-249-2287

** Valley View Manor

Phone 507-752-7346

Lamberton, MN 56152

Fax 507-752-7348

*** Senior Center-Redwood Falls

Phone 507-644-6464

201 McPhail

Redwood Falls, MN 56283

*** Senior Center-Wabasso

Phone 507-342-5337

1429 Front Street, PO Box 60

Wabasso, MN 56293

*** Country View Senior Living

Phone 507-859-2133

810 8th Street

Walnut Grove, MN 56180

FOOD SUPPORT PROGRAM

• **Redwood County Human Services**

Phone 507-637-4050

302 East 3RD, PO Box 510

Must be financially eligible.

Redwood Falls MN 56283

NUTRITION HEALTH SERVICES & EDUCATION

• **MAC (Mother and Children)** - Income eligibility guidelines: For children until age 6 yrs., women who have given birth in past year, pregnant or breast feeding women, or infants not served by WIC. Cannot be on both WIC and MAC for the same child at the same time. Provides supplemental foods.

St. Stephan's Lutheran Church (Pick up site)- 2nd Tues 10am-Noon

1301 S 4th Street

Phone 1-800-365-0270

Marshall MN 56258

- **NAPS (Nutrition Assistance Program For Seniors)** Men and women over 60 years of age. Qualifying income guidelines. Provides: Nutritious balanced monthly food package- (Canned fruits, vegetables, juices, dry and canned milk, American cheese, canned meat, peanut butter, dry beans, cereal, rice, and instant potatoes or pasta).
Greater Minnesota call -1-800-365-0270
- **Nutrition Health Services** - Nutritional counseling available to anyone.
Redwood County Public Health Phone 507-637-4041
266 East Bridge Street
Redwood Falls MN 56283
- **Diabetes Education** - Nutrition counseling for the diabetic including gestational diabetes.
Redwood Area Hospital Phone 507-637-4517
- **University of Minnesota Extension** - Information available on many nutritional related topics
Redwood Falls Courthouse Phone 507-637-4025
- **We Care** - help with food, clothing, etc. If no transportation, things may be delivered - Mary Larson
Phone 507-249-3822

FOODBORNE ILLNESS

- **Redwood/Renville Community Health Services-Mary Woodford**
Renville County Public Health Phone 1-320-523-2570
410 E Depue Ave, Room 245 Fax 1-320-523-3749
Olivia MN 56277
If Mary Woodford is not available please call the MDH Foodborne Illness Hotline.
- **MDH Foodborne Illness Hotline** Phone 1-877-FOODILL

HOUSING

- **MHFA (Minnesota Housing Finance Agency)** - Can provide some funds to make your home more livable and energy efficient, also provides homebuyers education. Phone 1-800-657-3769 or 651-297-2361 TTY
www.mhfa.state.mn.us
- **Redwood County Human Services** Phone 507-637-4050
302 East 3RD, PO Box 510 Call for current assistance programs
Redwood Falls MN 56283
- *General Assistance with Housing*-Can help assist with eviction and shut-off notices and has listing of housing resources.
- *Emergency Food & Shelter*-Provides emergency assistance to people in need of food & shelter. Could include rent assistance for one month.
- **Energy Assistance Program (EAP)** - Provides assistance with payments to energy suppliers to help pay a percentage of home heating costs. Based on income and heating costs.
Western Community Action Phone 1-800-658-2448
400 West Main #201
Marshall MN 56258
- **Section 8 Housing** - Worthington MN Phone 507-376-9123 or 507-376-3655

CLOTHING

- **Clothing Centers** - Emergency clothing and household items assistance programs.
 - **Redwood Falls** Phone 507-641-3329
County Museum basement Thurs 9am-5pm
Highway 19 to West end of town
 - **Western Community Action Thrift Store in Redwood Falls** Phone 507-637-8231
143 East 2nd Street Tues & Thurs 10am-5pm, Sat 10am-3pm
Redwood Falls MN 56283
 - **2nd Time Around Thrift Store in Redwood Falls** Phone 320-226-2966
113 East 2nd Street Mon-Fri 9am-4:30pm
Redwood Falls MN 56283
 - **Wanda** - Groundswell Building Phone 507-342-5797
Old St. Mathias School Mon, Tue & Wed 9am-3pm
Wanda MN 56294
 - **Avera Marshall Auxiliary Thrift Store** Phone 507-537-2910
1000 East Southview Drive Mon-Fri 9am-4:30pm, Sat 9am-Noon
Marshall MN 56258
 - **Marshall Goodwill** Phone 507-929-0276
1200 East Main Mon-Sat 8am-8pm, Sun 12:30-5pm
Marshall MN 56258
- **We Care** - Help with food, clothing, etc. If no transportation, things may be delivered. - Mary Larson
Phone 507-249-3822

FINANCIAL PROGRAMS

- **Redwood County Human Services** Phone 507-637-4050
302 East 3rd, PO Box 510
Redwood Falls MN 56283
The following programs are available through Redwood County Human Services:
This may not be a complete listing:
 - **Community Alternatives Program** - Contact Richard Aakre
 - **Diversionary Work Program** - Provides financial assistance for families with children.
 - **Gilfillan Fund** - Provides one-time financial help for medical. Applications available thru Human Services.
 - **Medical Assistance (MA)** - Financial Assistance for medical costs. Income guidelines. Blue Plus & U Care
 - **Medical Assistance for Pregnant Women (MAPW)** - Financial assistance for medical costs during pregnancy. For applications, contact: or call 1-800-657-3672
 - **Minnesota Care (MNCare)** - State of Minnesota Health Plan. Low cost monthly premiums.
 - **Minnesota Families Investment Program (MFIP)** - Financial assistance for cost of living for dependent children.
- **Minnesota Care Health Care Coverage Information Line** Phone 1-800-657-3672

- Minnesota Children with Special Health Needs (MCSHN)** - Offers services to children with special health needs and their families.
 85 East 7th Place, PO Box 64882
 St. Paul MN 55164-0882
 1-800-728-5420

MCSHN (local) - For clinics and educational services.
1400 East Lyon Street
Marshall MN 56258
507-537-7158
- Social Security Administration** - Disability income for adults and children. Mon-Fri 9am-4pm
 507 Jewett Street
 Marshall MN 56258
 Phone 1-800-772-1213
www.ssa.gov
- Western Community Action** - Provides many programs to aid with financial needs.
 400 West Main Suite 201
 Marshall MN 56258
 Phone 1-800-658-2448

TRANSPORTATION

- Blue Ride** - For qualified Blue Plus members
 Phone 1-866-340-8648
 Mon- Fri 8am-Noon, 1:30-4:30pm
- Dan's Handivan Service**
 Phone 507-697-6203
- Epseland Van Service**
 Phone 1-800-448-7433
- Heartland Express** - Brown Co. and surrounding area
 Phone 1-800-707-2717
- Health Ride** - For qualified UCare members
 Phone 1-800-864-2157
- Medi-Van**
 Phone 1-800-422-0976
- People's Express**
 Phone 1-800-450-0123
- Redwood County Human Services** - For qualified MA recipients
 Phone 507-637-4050
- Western Community Action/Community Transit**
 Phone 1-800-658-2448
 Public Transportation for children and adults, call 24 hrs in advance if possible to book a ride.
- J & J Shuttle in New Ulm**—Travels to the Cities daily, will bill MA, UCare, Blue Plus.
 Phone 507-359-9081 or 507-276-8800

FAMILY PLANNING/SEXUALLY TRANSMITTED DISEASE SERVICES/PREGNANCY TESTING

- Family Planning Program at Redwood-Renville Community Health Service**
 Redwood County Public Health Service, Redwood Falls
 Renville County Public Health Service, Olivia
 Phone 507-637-4041
 Phone 320-523-3749
- Family Planning Program** - Provides information on birth control, STDs, and pregnancy counseling, also offers services in Marshall. Emergency contraception also available. Hours vary.
 909 4th Avenue
 Worthington MN 56187
 Phone 507-376-4195 or 1-800-658-2444
- Minnesota Family Planning and STD Hotline** - Get the facts about birth control and sexually transmitted diseases & clinic referrals.
 Mon-Fri 9am-8pm, Sat 9am-2pm,
 Phone 1-800-78FACTS or 1-800-783-2287

- **Fertility Care Services** - Paula Dugdeon, FCPI —Introductory class can be done as a group. Rest of teaching done on individual basis. Also teaches in Sleepy Eye/Marshall. Personal appointment can be made.
302 East Saratoga Street Apt #6 Phone 507-532-7211
Marshall MN 56258
- **Planned Parenthood** - Specializes in Reproductive Health. Family planning service provides pregnancy testing, STD testing, AIDS testing, & Birth Control. Call first as hours may vary.
2320 East Highway 12 (by BP gas station) Phone 320-235-9150 or 1-800-268-9150
Willmar MN 56201
- **Hope Pregnancy Center** - Provides free pregnancy testing, STD education, one-to-one counseling, support during pregnancy, and birth control education. For negative test, will talk about lifestyles. Limited obstetrical ultrasound by trained nurse for positive test. Will do adoption referrals. Do post abortion counseling. Provide referral appt. for HIV testing and free Medical appt. to confirm pregnancy test. Mon-Fri 11am-5pm
325 SW 4th Street, Box 334 Phone 320-235-7619 or 1-888-235-7619
Willmar MN 56201
- **Choices Pregnancy Center** - Provides free pregnancy tests, lay counseling, STD and AIDS information. Maternity and infant clothing and supplies, physician appointment assistance, transportation assistance, pregnancy support, and parent incentive program.
- Armory Square Mall Basement Mon-Thurs 10am-4pm Karen Boots
231 East 2nd Street, Box 22 Phone 507-637-2534 or
Redwood Falls MN 56283 24 hour line 1-800-395-4357
- **Minnesota AIDS Hotline** Phone 1-800-248 AIDS
- **STD Hotline** Phone 1-800-783-2287

PREGNANCY/BREASTFEEDING

PRENATAL CLASSES

- **Prenatal Classes** - Provides education on nutritional need, development of baby, preparation for actual birth, birthing techniques, and information concerning the stages of labor and delivery.
 - **Redwood Area Hospital** Phone 507-637-4500 or 507-637-4627
Jan, April, Aug, Oct
 - **Springfield Medical Center** - Maria & Christie Phone 507-723-6201
Three sessions Jan, April & Sept
 - **Sleepy Eye Hospital** - Pattie Pelzel
Call to see when classes are held. Phone 507-794-3571
 - **New Ulm Medical Center** - Amy StAubin Phone 507-233-1333
 - Baby And Me- This class helps prepare 3 to 7 year old children for the arrival of a new sibling. Generally every other month. Free of charge.
 - Childbirth Preparation Class - 6 wks. This series is designed to prepare the expectant mother and her labor companion for the birth of the baby. Free of charge.
 - Breast/Bottle Feeding Class - This class is for expectant mothers who have questions regarding breastfeeding and/or bottle-feeding, and who are not already enrolled in the Childbirth Preparation

Class. Free of charge.

- Childbirth Refresher Express - 1 session. Held every other month. This class is designed for those parents who attended the Childbirth Preparation Class with an earlier pregnancy and are seeking a condensed refresher course. Free of charge.

- **Avera Marshall Regional Medical Center** - Education Department Phone 507-537-9238
Classes on Early Pregnancy, Labor and Delivery, and Your New Baby, Tue., 7-9pm; or option for all day Sat class on Labor and Delivery. Also refresher class, Breastfeeding, and Pediatric Basic Life Support. www.averamarshall.org

- **The Doula Connection** - Lynne Larsen Phone 507-641-3636
32288 Knox Avenue
Redwood Falls MN 56283
- **Maternal & Child Health Program (MCH)** - High-risk pregnancy counseling and education. Parenting education for mother & infant birth - 12 months
Redwood County Public Health Phone 507-637-4041
Redwood Falls MN 56283
- **La Leche League International** - Offers help to any woman who wishes to breastfeed her baby. Monthly meetings, telephone help and resources available on breastfeeding. 9am-5pm (CT) Mon - Fri
1400 North Meacham Road Phone 1-800-LaLeche or 1-847-519-7730
Schaumburg IL 60173

LACTATION CONSULTANTS

- **Jan Maxfield, R.N, Lactation Consultant** - Inpatient, Outpatient, Phone counseling
Rice Memorial Hospital, Willmar (Voice Mail) Phone 320-231-4807

INFANT/CHILD CARE

- **Redwood County Human Services** Phone 507-637-4050
Licensed Day Care - Gail Bielen- Issues licenses and supervision of licensed day cares.
Foster Care - Gail Bielen
302 East 3rd, PO Box 510
Redwood Falls MN 56283
- **Local School Community Education** - Has babysitting lists
Wabasso - 507-342-7403
Redwood Falls - 507-644-3511
Morgan - 507-249-5990
- **Child Care Resource and Referral** - Child care openings in your area. Professional assistance in evaluating your child care needs. Information on child care options.
 - **Southwestern MN Opportunity Council, Inc. (SMOC)** Phone 1-800-658-2444
1106 3rd Ave, PO Box 787 or 507-376-4195
Worthington MN 56187
 - **Redwood County Human Services** Phone 507-637-4050
Redwood Falls, MN 56283

- **School-Age Child Care Program (SACC)** Phone 507-644-7171 or 507-644-2627
Reede Gray Elementary School - Redwood Falls
- **Immunizations** - Recommended immunizations available at low fee.
Redwood County Public Health Phone 507-637-4041
266 East Bridge Street
Redwood Falls MN 56283
Or Any medical clinic of your choice
- **General Infant and Child Care Info.** - Can provide information on a variety of topics including but not limited to mental health needs, infant and child care, discipline, safety, toilet training, nutrition, car seat education, etc. Home visits offered by R.N.
- **Redwood County Public Health** Phone 507-637-4041
- **Redwood Area Hospital** Phone 507-637-4500

CAR SEAT INSTALLATION/EDUCATION

- **Infant Car Seat Information**
-For car seat installation and education or to acquire a UCare car seat contact
Redwood County Public Health for an appointment. Phone 507-637-4041
- Newborn car seat installation and education while mom and baby are in the hospital-contact
Redwood Area Hospital. Phone 507-637-4500

PARENTING/EDUCATION

- **Early Childhood Family Education (ECFE)** - Weekly classes for parents and children together. Contact your local school district.
Lamberton - Bonnie Nielsen Phone 507-752-7361
Morgan - Sarah Sullivan Phone 507-249-5990
Wabasso - Dawn Guetter Phone 507-342-5114
WG/Westbrook - Karrie Anderson Phone 507-274-5450
Redwood Falls - Teri Smith Phone 507-644-8939
Milroy Phone 507-336-2563
- **Early Intervention Program** - Provides services for children from birth to six years with special needs.
Facilitates: OT, PT, speech, hearing consultations, etc.
Contact your **local school district listed above** or **Redwood County Public Health** 507-637-4041
- **Head Start** - Preschool program for families who meet eligibility requirements ages 3-5 years. Home based programs for 3-5 yr. olds. Classroom program in Redwood Falls for 4-5 yr. olds.
Western Community Action Phone 1-800-658-2448 or 507-537-1416
Marshall MN 56258
- **Preschool Story Time at Libraries/Schools-**
Morgan - call for days & times Phone 507-249-3153
Redwood Falls - Tues 10:30am Phone 507-627-8650
Wabasso - Wed 10:30-11:15am Phone 507-342-5279
- **Incredible Years Parenting Class**
Redwood County Public Health Phone 507-637-4041

PRESCHOOL PROGRAMS

- **St. John's Lutheran Pre-Kindergarten** - St. John's Church Phone 507-762-3322 (Pastor's number)
Vesta MN 56292 Phone 507-762-3214 (church number)
- **St. John's Pre-Kindergarten** - Jody Schultz Phone 507-637-3502
119 West Broadway Tues & Thurs 3 year olds am; 4 year olds pm
Redwood Falls MN 56283
- **Walnut Grove Preschool** - Kathy Filter Phone 507-859-2141
Walnut Grove Public School
- **Wee World Preschool** - Virginia Hansen Phone 507-629-4802
Tracy MN 56175
- **Little Tigers Preschool** - Gayle Gomarko Phone 507-723-6771
Springfield MN 56087
- **Joyful Hearts Preschool**—Pam Arentson Phone 507-627-2236
Redwood Falls MN 56283
- **School Readiness** - 4 yr olds -Tues & Thurs am/pm sessions
Special Ed Preschool & Cottontail Time - 3 yr olds - Mon 9-11am
Wabasso Public School - Dawn Guetter Phone 507-342-5114
- **Discovery Time Preschool** (3 yr olds) & **School Readiness** (4 yr olds)
Reede Gray Elementary School - Redwood Falls Phone 507-644-8939
- **Discovery Gardens & Learning Readiness** - 3 1/2 - 5 yr old by Sept 1st Tue/Thurs & Mon/Wed
Lamberton -Joan Blomgren/Kathy Wacker/Bonnie Nielsen Phone 507-752-7361
- **Learning Readiness** - Morgan Phone 507-249-5990
- **Preschool & School Readiness** - Milroy Public School Phone 507-336-2563
3 yr olds—Tues & Thurs 8-11am, 4 yr olds—Mon, Wed & Fri 8am-3pm (all day class)
- **Early Childhood Special Education** (Birth to 6 years)
Contact your local school district or **Redwood County Public Health** Phone 507-637-4041
- **Family Health Services** - Provide information on parenting. Home visits for parenting education.
Redwood County Public Health Phone 507-637-4041

COUNSELING/SUPPORT GROUPS/ADVOCACY SERVICES

(Support groups at times change their location and meeting times. It is a good idea to call for the most current information).

- **United Way Two One One**- 24 hour information & referral Phone 1-800-543-7709 or 211
www.unitedway.org or www.211.org
- **Renville/Redwood Chapter of the American Red Cross** Phone 320-523-1342
2510 West Lincoln Fax 320-523-1020
Olivia, MN 56277
- **Redwood Co. Salvation Army**—Redwood Co. Human Services Phone 507-637-4050

MENTAL HEALTH

- **Cindy Wittwer, RN, CS, MS, NCC-** "Insight" for women who suffer from depression or low self-esteem.
Phone 507-644-3838
- **Children's Mental Health** - Redwood County Human Services Phone 507-637-4050
- **MN Association for Children's Mental Health** Phone 1-651-644-7333 or 1-800-528-4511
165 Western Avenue Suite 2 Fax 651-644-7391
St. Paul MN 55102 www.macmh.org
- **Physiological Services, LLC**-Dr. Angela Peterson
-126 East 2nd Street #1 Old Gazette Building Phone 507-627-1750 or 1-800-557-0334
Redwood Falls MN 56283
-212 West Main Phone 507-627-1750 or 1-800-557-0334
Marshall MN 56258
-316 SW 4th Street #6 Phone 507-627-1750 or 1-800-557-0334
Willmar MN 56201
- **Western Mental Health Center**
Answered 24 hours, M.A. accepted Phone 1-800-658-2429
These are a few of the programs they offer:
 - **Anger Management Program for Adults**
 - **School Based Mental Health Program**
 - **Outpatient Mental Health Therapy for Children and Adults**
 - **Psychiatric Services**
 - **Community Support Programs for Children and Adults**
 - **Crisis Line** Phone 1-800-658-2429Office 1212 East College Drive Phone 507-532-3236
Marshall MN 56258
Office 205 S Mill Street Phone 507-637-3340
Redwood Falls MN 56283
- **Lutheran Social Services**
333 Litchfield Ave SW Phone 320-235-5411
Willmar MN 56201
- **Crisis Line (Western Mental Health Center)** Phone 1-800-658-2429
Serving Redwood, Lyon, Lincoln, Murray & Yellow Medicine Counties Phone 507-532-3236
- **Suicide Hotline (National)** Phone 1-800-SUICIDE (784-2433)
or 1-800-273-TALK (8255)

ADDICTION

- **Minnesota Problem Gambling Helpline** Phone 1-800-437-3641
- **Gamblers Anonymous Support** - Mary J. Sun 7pm Phone 507-627-8691
1006 South Ramsey—Alano Club
Redwood Falls MN 56283

- **Project Turnabout** www.projectturnabout.com
 - Alcohol & Drug Treatment-In-patient** - Project Turnabout
660 18th Street, PO Box 116
Granite Falls MN 56241 Phone 1-800-862-1453
 - Outpatient** - Project Turnabout, Redwood Falls MN Phone 507-637-8783
Half Way House, Marshall MN Phone 507-532-3008
 - Vanguard Compulsive Gambling Program** Phone 320-564-4911 or 1-800-862-1453
660 18th Street, PO Box 116
Granite Falls MN 56241
- **Narcotics Anonymous**- www.na.org Phone 1-877-767-7676
- **Narcotics Anonymous**
 - Hope Haven Group, Gilwood Haven— Sun 4pm and Wed 8pm
219 S Mill Street
Redwood Falls MN 56283
 - 1006 South Ramsey St—Alano Club Wed 8pm, Sun 4pm
Redwood Falls MN 56283
- **Alcoholics Anonymous & AI-ANON, Narcotics Anonymous**—Dick 507-430-2511 or Nan 507-430-2510
1006 South Ramsey Street—Alano Club
Redwood Falls MN 56283
 - **Alcoholics Anonymous** - Tues 8pm, Wed 10am & 7pm, Fri 8pm, Sun 5pm
 - **AI-ANON** - Tues & Fri 8pm
 - **Narcotics Anonymous** - Wed 8pm & Sun 4pm
 - **AA** above Snyder Drug in Redwood Falls - Tom Phone 507-430-1462
Thurs 8pm
 - **AA** Wabasso, Golden Living Center - Wed 7pm
660 Maple St
 - **Lower Sioux Treatment Center** - Thurs Noon Phone 507-697-6288
 - **AA** Springfield, St Raphael School - Tues 8pm Phone 507-723-5663
12 West Van Dusen St

DOMESTIC VIOLENCE & CHILD ABUSE

- **Battered Women's Crisis Line** Phone 1-800-799-SAFE or 1-800-799-7233
- **Domestic Abuse Program** - Project Turnabout-Marshall Phone 507-532-3008
- **New Horizon Crisis Center** - General Crime Victims Program, Sexual Assault Program, Abused Children's Program, Supervised Visitation Program, Crisis Nursery Program, Education & Outreach Program.
 - Armory Square Mall Basement 24 hour Crisis Line 507-532-5764
 - 231 E 2nd Street Phone 507-637-5570
 - Redwood Falls MN 56283 crisis@newulmtel.net
 - 109 South 5th Street Suite 40 24 hour Crisis Line 507-532-5764
 - Marshall MN 56258 nhcc@IW.net

- **Shelter House**
 804 Willmar Ave SE
 Willmar MN 56201

Crisis Phone 1-866-223-1111
 Phone 320-235-0962 or 1-800-792-4210
 1-866-223-1111 for nearest shelter
www.willmarshelter.com
- **Rape, Abuse and Incest National Network (RAINN)**

Phone 1-800-656-4673
www.rainn.org
- **Sexual Violence Center**

Phone 612-871-5111
www.sexualviolencecenter.org
- **SMSU Outreach** - nhcc@southwest/msus/edu- Room ST 152 Phone 507-537-6817
- **Women's Rural Advocacy Program (WRAP)**

 - Domestic assault/abuse resource can provide emergency housing for battered women and children
 - **Armory Square Mall Basement**
 231 East 2nd Street
 Redwood Falls MN 56283
 Crisis Line 507-637-3040 or 1-888-637-3040
 Business Phone 507-637-3056
www.letswrap.com
 - 650 Prentice Street, PO Box 87
 Granite Falls MN 56241
 Crisis Line 320-564-2422 or 1-800-295-2422
 Business Phone 320-564-2524
 - 700 North 7TH Street, PO Box 1193
 Marshall MN 56258
 Crisis Line 507-532-2350 or 1-800-639-2350
 Business Phone 507-532-9532
- **Parents Anonymous**

Parent Anonymous, Inc.
 675 W Foothill Blvd, Suite 220
 Claremont CA 91711

Phone 1-909-621-6184
www.parentsanonymous.org
- **Parent Mentor Network** - Penny Messer
Redwood County Human Services
 PO Box 510
 Redwood Falls MN 56283

Phone 507-637-4050
- **Prevent Child Abuse Minnesota** - Answered 8:30am-5pm, Mon - Fri Referrals, Support groups for parents.
 1821 University Ave. Ste 202 South
 St. Paul MN 55104

Phone 1-800-Children or 1-800-621-6322
 1-651-523-0099
www.pcamn.org

OTHER SUPPORT GROUPS

- **Redwood Area Hospital Support Groups** Phone 507-637-4500
www.redwoodareahospital.org
 - **Suicide Task Force** - Jolene Johnson Phone 507-637-4616
 - **Adult Grief Group** - Jolene Johnson Phone 507-637-4616
Feb/Mar 6 wks; Oct/Nov Tues, 7pm-9pm
 - **Bridging the Gap** - Jolene Johnson-Retreat, children and teens grieving loved one's death.
2 times a year - spring & fall Phone 507-637-4616
 - **Caregivers' Support Group** - Lynn Buckley-For caregivers of elderly, disabled, or terminally ill.
Held monthly. Call for times Phone 507-637-4508
 - **Handling the Holidays** - Jolene Johnson Phone 507-637-4616
 - **Diabetic Support Groups for Adults, Children, Parents** - Dorie Oja, Cindy Moldan
 - **Stop Smoking Support** - Maydra Maas
 - **Arthritis Fibromyalgia Support Group** - Shelly Pauling Phone 507-637-4527
- **Compassionate Friends** - For parents whose child has died. - Alice Goelz Phone 507-557-8394
3rd Thurs of every month at Gilwood Haven,
Redwood Falls MN 56283
- **Multiple Sclerosis Support Group** - Kathy Phone 507-641-2555
Parkview Home 3rd Thurs. 7 pm
102 CSAH 9 www.nationalmssociety.org
Belview MN 56214
- **Home Care Ombudsman** Phone 1-651-431-2555 or 1-800-657-3591
Office of Ombudsman for Older Minnesotans Fax 1-651-431-7452
PO Box 64971 www.ombudmhr.state.mn.us
St Paul MN 55164-0971 www.mnaging.org
- **Minnesota Hospice Organization** Phone 1-651-659-0423 or 1-800-214-9597
www.hospicemn.org
- **Senior Linkage Line** Phone 1-800-333-2433
- **MN River Area Agency on Aging** Phone 1-800-333-2433
- **Services for the Blind** Phone 1-800-366-4813
- **Disability Linkage Line** Phone 1-866-333-2466

LEARNING DISABILITIES

- **The ARC of MN** - Advocacy and support for people with developmental disabilities and their families
770 Transfer Road Suite #26 Phone 1-651-523-0823
St. Paul MN 55114 or 1-800-582-5256
www.arcminnesota.com Fax 1-651-523-0829
- **CHADD of the Twin Cities**
 - Monthly meetings Sept/June. Children and Adults with Attention Deficit Disorders.
4301 Highway 7 Phone 1-952-922-5761 or 1-800-233-4050
Minneapolis MN 55416 www.chadd.org

- **Learning Disabilities Association of MN**
5354 Parkdale Drive, Suite 200
St Louis Park MN 55416
Phone 1-952-922-8374
www.ldaminnesota.org
- **PACER Center, Inc.** - Supports parents of students with disabilities and the student's education.
8161 Normandale Boulevard
Minneapolis MN 55437-1044
Phone 1-952-838-9000 or 1-800-537-2237
TTY 1-952-838-0190
Fax 1-952-838-0199
www.pacer.org

OTHER RESOURCE INFORMATION

ADOPTION INFORMATION

- **Redwood County Human Services**
Phone 507-637-4050
- **Lutheran Social Services** - Kim Hunt
Phone 320-251-7700
22 Wilson Ave. NE Suite 110, PO Box 6069
St Cloud MN 56302-6069
- **Lutheran Social Services of Minnesota**
Phone 1-888-205-3769
Fax 1-612-879-5234
- **Catholic Charities** - Amanda Paulson-Blom
Phone 507-376-9757 or 1-800-227-3002
1234 Oxford Street, PO Box 802
Fax 507-376-9758
Worthington MN 56187
www.ccwinona.org
- **Children's Home Society & Family Services**
Phone 1-651-646-6363
www.childrenshomeadopt.org

ADOPTION SUPPORT GROUP

- **Minnesota Adoption Support and Preservation (MN ASAP)**
Parent Liaison Coordinator for SW Region - Ginny Blade
Phone 1-877-349-6353
www.mnasap.org

LEGAL SERVICES

- **SW MN Legal Services** - Mon-Fri 8:30am-Noon & 1pm-5pm
421 10TH Street
Worthington MN 56187
Phone 507-372-7368 or 1-800-233-0023
New client or new legal problem
Mon - Fri 9am-Noon & 1pm-3:30pm
1-888-575-2954
Fax 507-372-2574
- **Legal Advocacy for Persons with Developmental Disabilities**
430 First Avenue North Suite 300
Minneapolis MN 55401-1780
Phone 1-800-292-4150
- **Western Minnesota Legal Services, Renville Co.**
Phone 1-888-360-3666
302 SW 5th, Suite 202, PO Box 1866
Willmar, MN 56201

EDUCATION

- **GED Information**
 - **Redwood Area High School** - Denny Stoterau Phone 507-644-3531
ESL = English as a second language
- **GED/Adult Basic Education Classes offered at:**
 - **Redwood Area High School** Phone 507-644-3531
 - **Redwood County Human Services** Phone 507-637-4050
 - **Lower Sioux Community** Karen Meece 507-430-2909
 - **Marshall** - Pat Thomas Phone 507-537-7046
ESL - Marshall - call for days/times
 - **Springfield** - Springfield High School Phone 507-723-4288
- **Belview Learning Center** - Susie Terhaar Phone 507-938-4111
Day Treatment Facility—taken by referral only
- **First Aid Safety Classes and CPR**
 - Shelly Pauling - Redwood Area Hospital Phone 507-637-4500

POISON CONTROL

- **Poison Control Center** www.mnpoison.org Phone 1-800-222-1222

SMOKING CESSATION

- **Redwood Area Hospital**-Stop smoking group Phone 507-637-4500
- **Quit Plan Helpline-Tobacco Products** Phone 1-877-270-7867 English
www.quitplan.com 1-877-266-3863 Spanish
1-877-777-6534 TTY

TRANSLATION

- **Itasca Corporation** Phone 1-651-457-7400
1545 Livingston Ave, Suite 103 Fax 1-651-457-7700
West St Paul MN 44118 www.itasca.biz

UNEMPLOYMENT

- **MN Workforce Center** Phone 507-537-6236
607 West Main 3rd Floor Fax 507-537-6362
Marshall MN 56258 www.mnwfc.org
- **MN Unemployment Information line** Phone 1-877-504-5050
- **DEED=Department of Employment & Economic Development** Phone 1-800-657-3858
www.deed.state.mn.us

WEIGHT LOSS

- **Redwood Falls Hospital** - Dorie Oja Phone 507-637-4518
- **TOPS Club** - Weight loss and nutrition information. Thurs afternoons- 4-4:30pm weigh-in. 4:30-5pm meeting
Presbyterian Church Carol Flahaven
235 E 4th Phone 507-627-3686 or 504-430-3379
Redwood Falls MN 56283
- **Redwood County Public Health** - General information and counseling on weight loss. Phone 507-637-4041
- **Avera Marshall Regional Medical Center/Wellness Center**-Carol Biren
One-on-one programs Phone 507-537-9092

VOLUNTEER SERVICES

- **Redwood County RSVP** - Karen Christensen, Volunteer Coordinator. Matches volunteers with volunteer opportunities at schools, healthcare facilities, non-profit and governmental agencies.
Phone 507-627-1016
- **Faith in Action** - Helps seniors stay in their own home as long as possible assisting them in staying safe and living independently. Services provided include shopping, running errands, in-home respite care, good morning telephone reassurance program, weekly visitor, writing letters, and information and referral.
1011 East Elm #221-(Johnson Park Place) Phone 507-627-1016
Redwood Falls, MN 56283 volunteer@newulmtel.net
- **Navigator** - If you or someone you know has cancer call and ask for the Navigator serving your community.
Phone 1-800-ACS-2345

VETERANS SERVICES

- **Redwood County Veterans Services** Phone 507-637-4034
Redwood County Courthouse-Basement Fax 507-637-4035
250 South Jefferson, PO Box 130
Redwood Falls MN 56283